



ONLINE

OCCUPATIONAL SAFETY AND HEALTH

IMPROVING THE NATIONAL FRAMEWORK FOR OCCUPATIONAL SAFETY AND HEALTH

13 APRIL – 12 JUNE 2026

 9 WEEKS, 60 HOURS

Information Note



International
Labour
Organization

ITC 
International Training Centre

BACKGROUND

According to International Labour Organization (ILO) estimates, every year more than 2,000,000 workers lose their lives in occupational-related diseases and accidents in the world. Other figures show that workers suffer more than 250 million accidents and more than 160 million workers fall ill each year due to workplace hazards. In addition to this human and social tragedy, the economic losses due to poor working conditions and related accidents and diseases all contribute to more than 4% of the world's Gross National Product.

The constitutional principle of ILO for the protection of workers' safety and health was strongly reaffirmed in June 2022, when the International Labour Conference (ILC), at its 110th Session, adopted the Resolution on the inclusion of a safe and healthy working environment in the ILO's framework of fundamental principles and rights at work. The historic decision, expressed and supported by the ILO tripartite constituents, reveals a renewed collective commitment to the protection of life and health at work.

The resolution recognizes the Occupational Safety and Health Convention, 1981 (No. 155) and the Promotional Framework for Occupational Safety and Health Convention, 2006 (No. 187) as fundamental Conventions, embodying this as a fifth category of fundamental principles and rights at work.

All Members, even if they have not ratified these two fundamental Conventions on occupational safety and health (OSH), now have an obligation, arising from the very fact of membership in the Organization, to respect, to promote and to realize, in good faith and in accordance with the Constitution, the principles concerning the fundamental rights which are the subject of those Conventions, namely the right to a safe and healthy working environment.

As demonstrated by the successful experience of many countries, the Convention No. 155 and the Recommendation No. 164, provide useful guidance on the principles (preventive approach, social partners' participation, institutional coordination, continuous improvement, etc.), and the actions (law enforcement, training, promotion, information gathering, etc.) which could enhance the efficiency and impact in improving health and safety conditions at work, reducing occupational injuries and diseases.

In pursuit of a safe and healthy working environment for all workers, each country has to develop an effective national OSH system as a collaborative effort of the government and social partners. Such a system should consist of various elements including legislation and compliance assurance mechanisms as well as a training and information network. The system needs to be continuously improved through the formulation and implementation of national OSH programmes (medium-term programme of strategies and activities aiming at improving the OSH situation) as guided by the Promotional Framework for Occupational Safety and Health Convention (No. 187) and Recommendation (No. 197) adopted by the ILO in 2006. Many developing and industrialized countries are increasingly adopting this ILO strategic approach to OSH, showing significant progress in the way that they manage the OSH at the national level.

The International Training Centre of the ILO, in collaboration with the ILO programme which promotes OSH, LABADMIN/OSH, organizes this course to acquaint participants with international guidelines and principles of the ILO and the experience of consolidated and successful national OSH systems and programmes. Although each country presents different problems regarding its national OSH situation and therefore requires different solutions, this course provides useful inputs to participants in the decision-making process for the improvement and development of the OSH governance within their respective countries.

PARTICIPANTS' PROFILE

This course is aimed at:

- Policy makers, senior officials and advisers from government institutions in charge of the planning, implementation and management of OSH at the national level;
- Workers' and employers' representatives involved in the policy-making process on OSH at the national level;
- The programme may also be of interest to other people such as researchers, trainers or consultants in this field.

OBJECTIVES

The general objective of this course is to strengthen the capacity of planning, developing and governing the national efforts to improve the OSH. Upon completion of this course, participants will be able to:

- Explain the ILO principles, concepts and experience related to National OSH Governance;
- Describe the organizational models and operational arrangements of selected countries for OSH national governance as well as its policies;
- Analyse the needs and requirements of their respective countries for an effective national OSH governance;
- Establish conclusions and recommendations on the feasibility of applying the analysed approaches and experiences to their national and institutional contexts;
- Advise on the formulation, implementation and evaluation of national policies, strategies and programmes with regard to the prevention of occupational accidents and diseases.

LANGUAGE

English

CONTENTS

SELF-ADMINISTERED MODULES

Module 1: The ILO's strategic approach to occupational safety and health

Module 2: Introduction to the national occupational safety and health system

Module 3: National OSH profile and analysis of the national OSH situation

Module 4: National programmes of occupational safety and health

ZOOM SESSIONS

1. A safe and healthy environment: a fundamental principle and right at work. ILO Global Strategy on Occupational Safety and Health, Conventions nos. 155 and 187.
2. OSH governance: principles, policies and decision-making framework. Concepts: OSH national policy, systems, programmes and profiles. Components of the OSH national system.
3. OSH Legislation: Legal and technical standards.
4. Enforcement and ensuring compliance.
5. Information and training. Awareness raising and promotion of safety culture.
6. Technical support and services to the enterprises.
7. Employment injury schemes. Collection and analysis of data on OSH national situation.
8. Elaboration of a national OSH profile. Setting priorities.
9. Procedures to formulate a National Programme on OSH.
10. Launching, implementation and coordination, monitoring and evaluation mechanisms.

METHODOLOGICAL APPROACH

This course will use an Internet-based learning platform, and have two phases. During the initial preparatory phase, participants should follow 35-hour of self-administered modules on a digital platform and perform a test at the end of each module. The platform will also present a Documentation Centre that will contain useful information for the participants on the topics of the course as well as some selected national experiences. This part is a preparatory part to ensure that all participants have a level of knowledge of the subject that allows them a greater benefit for the second phase of online training sessions.

In the second phase, subject matter experts will deliver online training sessions and exercises that will be recorded and the participants will have the chance to interact with them for questions and comments. The presentations and materials used will also be uploaded in the platform. Participants will complete a final test to receive the certificate of achievement.

A permanent monitoring of the learning process will be conducted throughout the training by the course coordinator. At the end of the course, an individual end-of-course evaluation questionnaire will be used to allow participants to express their view about the training.

PARTICIPATION COST AND APPLICATIONS

The cost of participation is 1,405 Euros, payable in advance by the participant or his or her sponsoring organization. This covers tuition fees; the use of training and support services; and the training materials.

Applications to participate in the course should be done online on the following webpage: <https://oarf2.itcilo.org/MIF/A9719074/en>

no later than **20 March 2026**.

The filled-in application form should be accompanied by a nomination letter from the sponsoring institution indicating how the participant will be financed.

After that date, the course and the selected candidates will be confirmed and the instructions for the advanced payment will be provided.

WITHDRAWAL, CANCELLATION POLICY, AND REFUNDS FOR OPEN COURSES

If an enrolled participant wishes or must withdraw from a course, they may choose to apply to a different course or be substituted by another candidate. The participant must notify the Centre, in writing, of their decision at least 14 days prior to the start date of the course. Cancellation of participation in regular courses will result in the following penalties:

- 14 days or more prior to the start date of the course: No penalty, 100% refund of amount paid less applicable bank charges
- 8 to 13 days prior to the start date of the course: Penalty of 50% of course price, refund of residual amount paid (if any) less applicable bank charges
- 7 days or less prior to the start date of the course: Penalty of 100% of course price.

INFO

FOR FURTHER INFORMATION PLEASE CONTACT

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