

ONLINE

INTERNATIONAL LABOUR STANDARDS

LABOUR RIGHTS AND HUMAN RIGHTS

UNDERSTANDING THE RELEVANCE OF ILS FOR ADVANCING DECENT WORK

30 NOVEMBER – 18 DECEMBER 2026

3 WEEKS, 20 HOURS

International Labour Organization

ITC International Training Centre

BACKGROUND

Labour rights, as articulated in international labour standards (ILS), are an integral part of the international human rights framework. Grounded in the ILO's Constitution and refined since the Organization's creation in 1919, ILS have helped shape the aspirations, values and rights later reflected in the United Nations Charter (1945) and the Universal Declaration of Human Rights (1948): "Faith in fundamental human rights, in the dignity and worth of the human person and in the equal rights of men and women and determination to promote social progress and better standards of life in larger freedom".

Far from being purely normative, ILS are practical tools for advancing decent work at the national level. They provide a rights-based compass for labour market governance and for aligning laws, institutions and policies with internationally recognized principles—across civil and political rights, as well as economic, social and cultural rights—in the world of work.

The ILO's unique supervisory system and tripartite machinery generate authoritative, evidence-based information on how ILS are applied in law and in practice. The observations and recommendations of the supervisory bodies make it possible to identify areas of progress as well as gaps and risks of regression, offering concrete entry points for legal reform, social dialogue, and policy action.

Building on these foundations, the course explores the linkages between labour rights and human rights, and examines how ILS connect with the Business and Human Rights agenda, trade and investment dynamics, and the broader sustainable development framework—equipping participants to use ILS strategically to promote decent work and strengthen human rights outcomes in national contexts.

WHO IS THE TARGET AUDIENCE'

This course targets workers' and employers' organizations, ILO and other UN agencies staff, representatives of civil society organizations, policy makers, members of the academia, human rights and sustainable development advocates.

WHY SHOULD I JOIN?

The course will enable participants to:

- better understand the linkages between labour rights and human rights, for advancing a human rights-based approach in the world of work;
- analyse the challenges and opportunities for the realization of labour rights as human rights;
- use the work of the ILO supervisory bodies to identify gaps in the realization of human rights at work.
- advocate for the implementation of ILS, with a particular emphasis on the ILO fundamental Conventions, at the national level, ensuring the protection of workers' rights and fostering fair labour practices.
- foster greater cooperation and networking opportunities among UN staff, UN Country Teams (UNCTs), ILO tripartite constituents, and other pertinent stakeholders. Strengthening these connections enhances collective efforts towards upholding human rights and promoting sustainable development.

KEY FEATURES

LATEST TRENDS

Stay current: connect ILS with today's human rights, trade, and sustainability debates.

PARTICIPATION

Be hands-on: learn through exercises, peer exchange, and live webinars.

INNOVATION

Keep it engaging: active methods, digital tools, and gamified learning.

HOW IS THE COURSE ORGANIZED?

The course combines:

- self-paced interactive learning modules with exercises, knowledge sharing and evaluation;
- live webinars in ZOOM with ILO and UN experts as well as ITCILO professional trainers;
- a knowledge assessment at the start and at the end;
- a dedicated Forum for discussion;
- an eLibrary with relevant resources; and
- a final assignment to integrate the knowledge acquired throughout the course.

WHAT IS THE LANGUAGE OF THE COURSE?

The course is offered in English. A good command of this working language is required.

HOW MUCH DOES THE COURSE COST?

The total cost of participation is 970 Euros.

HOW TO APPLY

The deadline for submission of applications is **20 November 2026**. Candidates must submit the application by clicking on the following link: https://oarf2.itcilo.org/DST/A9719218/en

Partial scholarships available for ILO tripartite constituents

As an Organization dedicated to promoting social justice and internationally recognized human and labour rights, the ILO is taking a leading role in international efforts to foster gender equality. In line with this ILO focus, women are particularly encouraged to apply to ITCILO courses.

WITHDRAWAL, CANCELLATION POLICY, AND REFUNDS FOR OPEN COURSES

If an enrolled participant wishes or must withdraw from a course, they may choose to apply to a different course or be substituted by another candidate. The participant must notify the Centre, in writing, of their decision at least 14 days prior to the start date of the course. Cancellation of participation in regular courses will result in the following penalties:

- 14 days or more prior to the start date of the course: No penalty, 100% refund of amount paid less applicable bank charges
- 8 to 13 days prior to the start date of the course: Penalty of 50% of course price, refund of residual amount paid (if any) less applicable bank charges
- 7 days or less prior to the start date of the course: Penalty of 100% of course price.

INFO

FOR FURTHER INFORMATION PLEASE CONTACT

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